

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Teen Saber Intermediate 4:30 - 6 pm	Teen Foil Intermediate 3:30 - 5 pm	Competitive Foil Training 7 pm - 9 pm	Teen Epee Intermediate 3:30 - 5 pm	Foil Youth Beginner 5:30 - 7 pm	Saber Training 11 am - 12:30 pm	Foil Youth Beginner 10:30 am - 12 pm	
Group Training Saber 6 - 7:30 pm	Foil Youth Beginner 5:30 - 7 pm		Saber Youth Beginner 6 - 7:15pm	Competitive Conditioning* 7 - 8:30 pm foil/epee/saber	Epee Open Fencing 11 am - 12:30 pm	Competitive Bouting for Foil 11 am- 1 pm	
Saber Open Fencing 7 - 9 pm	Saber Training 5:30 - 7 pm		Competitive Foil Youth Team 7 - 8:30 pm	Moe Foundation* Foil Tournament 7 pm - 10:30 pm	Competitive Foil Training noon - 1:30 pm		
Competitive Foil Training 7 - 9 pm	Epee Open Fencing 7 pm - 9:30 pm		Foil Open Fencing 7 - 9:30 pm		Foil Youth Beginner noon - 1:30 pm		
	Foil Open Fencing 7 pm - 9:30 pm	<p><i>*On Fridays we will either have a tournament or competitive conditioning. Tournament will be announced to the e-list and posted on askfred.net</i></p> <p><i>Schedules may fluctuate based on certain holidays and national competition schedules.</i></p>					